

Why do some of my blood test results show as 'abnormal' in the NHS App, but my GP has marked them as 'No Action Required'?



An "abnormal" result does **NOT** always mean that something is wrong or that you need treatment.

Your clinician looks at the **whole clinical picture**, not just whether a result falls outside the standard laboratory range.

There are many reasons why a result may be marked as 'No Action Required', including:



The result is expected because of an **existing medical condition**.



It is already being **investigated or monitored**.



It is a known effect of a **medication** you are taking.



You are already receiving the **appropriate treatment or follow-up**.



The result has been **stable** for a long time and is normal for you.



Although outside the laboratory's "normal" range, it is **not clinically significant** for your individual circumstances.



Laboratory reference ranges are based on the general population and do not always apply to every individual. Your clinician will compare your results with your previous tests, medical history, symptoms and any medications **before deciding whether any action is needed**.



If your results require further investigation, treatment or a discussion, **we will contact you**.



If you have new or worsening symptoms, or you remain concerned about your results, **please get in touch with the practice**.



Thank you for helping us ensure appointments are available for patients who need them most.

Drs Adey & Dancy
Caring for our community